What we claim is:

- 1. A method for forming an optical fiber preform, the method comprising pouring a slurry into a glass preform structure, the slurry comprising a dispersion of particles having an average primary particle size less than about 1 micron.
- 2. The method of claim 1 wherein the dispersant comprises water.
- 3. The method of claim 1 wherein the dispersant comprises an organic liquid.

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- 4. The method of claim 1 wherein the dispersant comprises a gas.
- 5. The method of claim 1 wherein the slurry comprises at least about 1 weight percent powder.

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- 6. The method of claim 1 wherein the slurry comprises at least about 10 weight percent powder.
- 7. The method of claim 1 wherein the particle have an average primary particle size no more than about 500 nm.
 - 8. The method of claim 1 wherein the particle have an average primary particle size no more than about 100 nm.
- 9. The method of claim 1 wherein the powder effectively includes no particles with a diameter more than about ten times the average diameter.
 - 10. The method of claim 1 further comprising removing the dispersant after pouring the slurry into the glass preform structure.

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- 11. The method of claim 10 comprising applying pressure, heat or a combination thereof to compact the powder after removing the dispersant.
- 12. A method for forming an optical fiber preform, the method comprising directing a
 5 product stream in a flowing reactor into a glass preform structure to harvest at least a portion of the product stream within a cavity in the glass preform structure.
 - 13. The method of claim 12 wherein the flowing reactor comprises a radiation beam intersecting a reactant stream at a reaction zone at which the product stream is generated.

14. The method of claim 13 wherein the radiation beam is generated by a laser.

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- 15. The method of claim 12 wherein the glass preform structure is within the reaction chamber when directing the product stream into the glass preform structure.
- 16. The method of claim 12 wherein the product stream forms a powder coating comprising primary particles with an average primary particle diameter of no more than about 1 micron.
- 17. The method of claim 12 wherein the product stream forms a powder coating comprising primary particles with an average primary particle diameter of no more than about 100 nm.
 - 18. The method of claim 12 wherein the flowing reactor comprises a reaction chamber and wherein the glass preform structure is external to the reaction chamber when directing the product stream into the glass preform structure.
 - 19. The method of claim 18 wherein the product stream flows through a channel inserted within the cavity of the glass preform structure.

- 20. A method for forming an optical fiber preform, the method comprising inserting an insert within a glass preform structure, the insert comprising a powder coating wherein the powder coating comprises particles having an average primary particle size less than about a micron.
- 5 21. The method of claim 20 wherein the powder coating is formed in a flowing reactor by placing the insert in a product stream of the flowing reactor.
 - 22. The method of claim 21 wherein the flowing reactor comprises a radiation beam intersecting a reactant stream at a reaction zone at which the product stream is generated.
 - 23. The method of claim 21 wherein the insert is rotated when forming the coating.

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- 24. The method of claim 20 wherein the coating comprises a powder coating having primary particle with an average primary diameter of no more than about 1 micron.
- 25. The method of claim 20 wherein the coating comprises a powder coating having primary particle with an average primary diameter of no more than about 100 nm.
- 26. The method of claim 20 wherein the coating is approximately uniformly distributed 20 around the rod.
 - 27. The method of claim 20 wherein the coating comprises a rare earth metal.